

You Have Options

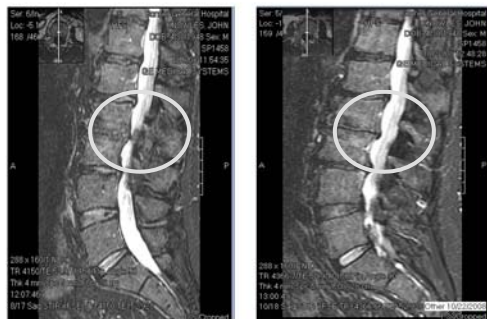
Finally, a back program that is a viable, safe, non-invasive alternative to pain medication and back surgery.

The PneuBack Program is a 24 -visit, 7 -step program developed to address chronic low back pain associated with sciatica, radiculopathy, herniated discs and other conditions of the back and neck. The program is designed to break the pain cycle, strengthen backs, and correct the original cause of the problem.

Thousands of patients have been treated with the **PneuBack Program** and have benefited from the effectiveness of the protocols. In most cases surgery has been prevented.

Post MRIs have shown rehydration and disc height increase. The **PneuBack Program** is currently undergoing an independent clinical trial. Our mission is to help as many individuals with back issues as we can. We offer hope and healing.

SUCCESSFUL TREATMENT



Pre PneuBack

Post PneuBack

*"When I came to the clinic, I was having back pain that prevented me from going about my daily activities. I was looking at the possibility of surgery. The **PneuBack Program** gave me another option and took the pain away immediately. I now have a long term plan and feel that we have treated the cause and not just the symptoms. Thank you PneuBack team!"* **John Knowles**

Seven Steps to Recovery

1 PneuMap

Defines your posture

- Measures postural lean (forward/negative)
- Measures lateral curves
- Measures symmetry



2 PneuVibro Trac Table

Treatment

- Improves circulation (decreases swelling)
- Minimizes guarding
- Reduces muscle spasms



3 PneuWeight Treadmill

Evaluate and correct gait

- Removes pain
- Improves circulation
- Improves balance
- Muscle recruitment
- Specific activation



4 PneuBack Chair with Unweighting

Eliminates pain

- Relaxes back muscles
- Increases range of motion



5 Back Stretch Chair

Flexibility and range of motion

- Safely improves an increase in flexibility



6 PneuBack Chair

Activates and strengthens the spine

- Isolates large muscles
- Works small spinal muscles
- Improves posture



7 PneuBack Exercise

Muscle recruitment

- Strengthens the core
- Improves balance
- Isolates muscle groups



Genuine Pneumex Equipment

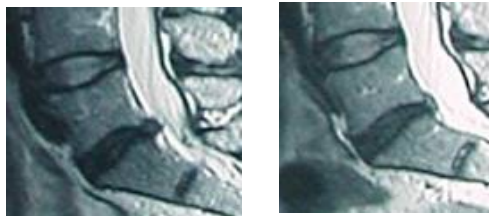
Successful Treatment



Pre PneuBack

Post PneuBack

"I have had a severe lumbar vertebra displacement for over two years. I was waking up with so much pain in my left hip and down my leg I could barely get out of bed. I contacted the PneuThera Clinic and started therapy. I was nearly pain free after about two weeks. Within a month I was completely pain free. I have and would recommend PneuThera Rehabilitation for rehabilitation therapy, especially if other treatments have failed." **Agnes Trapp**



Pre PneuBack

Post PneuBack

"I was suffering from severe sciatic pain which ran down my right side. I had also lost 2 inches in height. After treatment at the PneuThera Clinic, I can now carry on in my life and do the work that I do without pain! My posture is straighter, my attitude is healthier, I have more energy and I have a FULLER LIFE!" **Sherry Anderson**

The PneuThera Spine and Sport in Sandpoint, ID is a research and development educational center where clinicians from all over the world gather to receive instruction in cutting edge procedures utilizing revolutionary equipment.

Our clinics receive intensive training and are certified in the latest protocols before being listed as a PneuBack Program Clinic. This assures that you will receive the very best care available in your area.

PneuBack Clinics

Advanced Physical Training	Buena Park	CA
American Wellness	Salt Lake City	UT
CARE Health Center	Sussex	WI
Cordial Physical Therapy	Missoula	MT
Damon Anderson & Associates	Monterey	CA
Ellis Physical Therapy	Idaho Falls	ID
Fitter International Inc.	Calgary	AB
First Choice Physical Therapy	Petoskey	MI
FORME pain Management	Tallahassee	FL
Gale Physical Therapy & Sports Rehab	Kennewick	WA
Gubler's Physical Therapy	Hurricane	UT
Legend Healthcare - Corporate	Houston	TX
Legend Healthcare	Clear Lake	TX
Mountain Land Rehab - Murray	Murray	UT
Mountain Land Rehabilitation-Corporate	Kaysville	UT
Mountain View Physical Therapy	Great Falls	MT
Optimun Health Center	Springs	CO
Pisgah Physical Therapy	Hendersonville	NC
Pittsburgh Chiropractic an Sports Therapy	Pittsburgh	PA
PneuThera Rehabilitation	Sandpoint	ID
Precision Healthcare Center	Aurora	IL
Revita Rehab	Spokane	WA

Come in and meet our PneuThera Team!
Our business hours: Monday-Friday 8:00 a.m. to 5:00p.m.



Karin Cook is the CEO and Co-Owner
Gerry Cook is the creator of PneuThera's patented Vibration, equipment and program protocols. He is also Co-Owner.



Jay Ellis is the Educational director of Pneumex, Co-Owner and head P.T. at the PneuThera Spine and Sport Clinic., PT, DPT, CSCS.



Cheryl Crandall-Williams
A certified professional in the health and fitness industry for over 15 years.
PT, DPT, CSCS

PneuBack Program™

Back Pain Does Not have to be a fact of life!



We Treat

- Chronic Backs
- Acute Backs
- Sciatica
- Herniated Disc
- Strain-Sprain
- Radiculopathy
- Headaches
- Cervical
- Shoulder
- Hips
- Knees
- Ankles

PNEUthera
SPINE and SPORT

treat. restore. thrive.