

MAP Protocols

PneuMAP creates computer-generated protocols used with the **PneuBack Chair**.

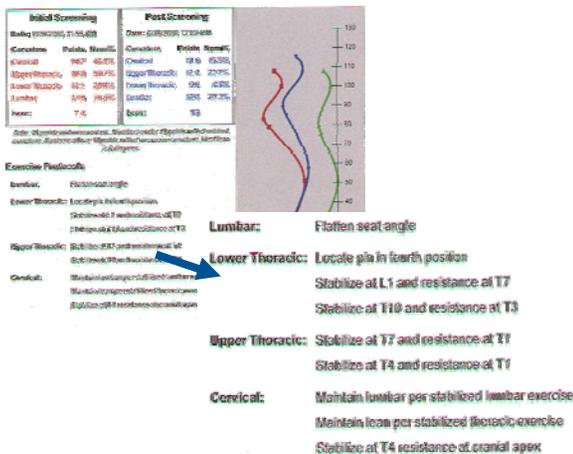


The MAP protocols give specific guide lines for exercises on the PneuBack Chair.

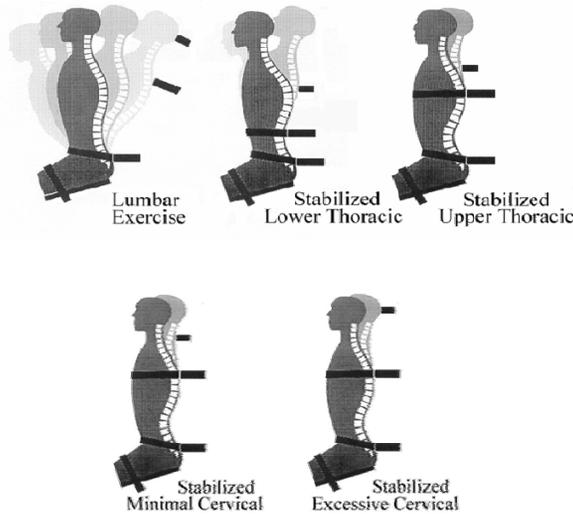
The PneuBack Chair works on the principal that by strengthening the small muscles along the spine we can correct acute and chronic back

problems, improve posture, relieve chronic pain, correct underlying situations and provide long-term capability to avoid recurrence.

MAP Print-outs



PneuBack Chair™



- Stabilize the pelvis
- Increases range of motion
- Specific vertebral stabilization for postural adjustment
- Strengthen spinal muscles with enhanced posture
- Document immediate changes
- Train receptors to recognize and maintain postural alignment
- Allow for strength evaluation at specific vertebral level

Use with PneuWeight™



PneuBack Chair™ with Unweighting

- Acute and chronic backs
- Pain management
- Maintain postural alignment
- Recruit the erector spine at specific levels

Genuine Pneumex equipment



PneuMAP™



PneuBack Chair™



PneuWeight™



PneuWalker™



PneuVibe Club™



PneuVibe Pro™

PneuBack Chair™

Height	Width	Length
63.25"	35.5"	66"
160.7 cm	90.2 cm	167.6 cm

*"In September we began study of the **PneuBack Chair** utilizing standard protocols. Seven individuals were involved in the study. We saw the patients 2 times/week for 6 weeks. Our objective results showed improved posture, ROM, strength and endurance of paraspinals as well as improved lean with all of the patients. We have been using the unit on other individuals not involved in the study, with the same or greater results. We found the equipment to be very effective in reducing pain and returning the patient to a functional level within a short period of time."*

Rob Macek, P.T. Director

*"**PneuBack Chair**: Has been revolutionizing the back rehabilitation industry by enabling effective strengthening of specific muscles within the lumbar, thoracic and cervical spine by eliminating movement of other muscles that tend to dominate during other commonly performed back exercises. By stabilizing the pelvis and eliminating contraction of the buttocks and hamstring muscles, weak paraspinal muscles such as the erector spinae can be isolated and conditioned. It also enables postural problems to be precisely identified, which is critical because chronic back problems are often tied to abnormal curvature leading to a forward lean."*

Dan Graetzer

PneuBack Chair™

**Posture Flexibility -
Functional Strength**



Patent 6672998

