Competitive Analysis Whole Body Vibration



	Ours	Competitor
	PneuVibe Pro-Tri Planar	Power Plate Pro 7 HC
Maximum Load	1200lbs	500lbs
Amplitude	Variable 2.4 to 3.2 mm	Low to High
Frequency	10- 60 Hz	25 to 50 Hz
Platform Dimensions	32 X 40" Useable space	38 X 37" Limited by design
Disadvantage	Built for function not aesthetics	Built for relatively sedate user Single Plane Destabilization
Advantages	The only vibration plate with Simultaneous Dual Frequency Destabilization of all planes - Vertical 2 to 4 mm - Side to Side up to 1" - Front to Back up to 1"	Popular Good Research Built for Aesthetics
	Good Research	



TriPlanar Destabilization

- Improve bone density
- Improve balance
- Improve muscle strength and performance
- Increase flexibility and range of motion
- Enhance critical blood flow
- Increase metabolism
- Increase serotonin